

### ZOROASTRIANISM

"Do not do unto others whatever is injurious to yourself."  
(Shayast-na-Shayast, 13.29)



### BAHA'I FAITH

"Lay not on any soul a load which ye would not wish to be laid upon you, and desire not for anyone the things ye would not desire for yourselves."  
(Baha'u'llah, Gleanings, LXVI:8)



### ISLAM

"Not one of you is a believer until you wish for others what you wish for yourself."  
(Fourth Hadith of an-Nawawi 13)



### JUDAISM

"What is hateful to you, do not do to your neighbor."  
(Talmud, Shabbat 31a; Tobit 4:15)



### SIKHISM

"Don't create enmity with anyone as God is within everyone."  
(Guru Granth Sahib, pg. 1299; Guru Arjan Devji 259)

# Golden Rule



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### SHINTOISM

"Hurt not others with that which pains yourself."  
(Udana-Varga 5.18)



### CHRISTIANITY

"Do unto others as you would have them do unto you."  
(Matthew 7:12)



### CONFUCIANISM

"Surely it is the maxim of loving-kindness: Do not do to others what you would not have them do to you."  
(Analects 15:23)



### HINDUISM

"Do not do to others what would cause pain if done to you."  
(Mahabharata 5.1517)



### JAINISM

"In happiness and suffering, in joy and grief, we should regard all creatures as we regard our own self."  
(Lord Mahavira, 24th Tirthankara)



### BUDDHISM

"Hurt not others in ways that your yourself would find hurtful."  
(Udana-Varga 5.18)



### TAOISM

"Regard your neighbor's gain as your own gain and regard your neighbor's loss as your own loss."  
(Tai Shang kan Ying P'ien, 213 - 218)